



entire^ehealth

Weight loss programme

Drop the POUNDS, while saving DOLLARS !!



Silver		Gold		Platinum		Diamond	
3 Dietitian visits	\$200	3 Dietitian visits	\$200	3 Dietitian visits	\$200	3 Dietitian visits	\$200
2 Exercise Physiologist or	\$140	2 Exercise Physiologist or	\$140	2 Exercise Physiologist or	\$140	2 Exercise Physiologist or	\$140
2 Physiotherapy visits		2 Physiotherapy visits		2 Physiotherapy visits		2 Physiotherapy visits	
Bioelectrical impedance analysis	\$30	Bioelectrical impedance analysis	\$30	Bioelectrical impedance analysis	\$30	Bioelectrical impedance analysis	\$30
Water bottle	\$10	Water bottle	\$10	Water bottle	\$10	Water bottle	\$10
Recipe book & journal	\$10	Recipe book & journal	\$10	Recipe book & journal	\$10	Recipe book & journal	\$10
Pedometer	\$10	Pedometer	\$10	Pedometer	\$10	Pedometer	\$10
		Additional dietitian visit	\$50	Additional dietitian visit	\$50		
		Plus 16 group exercise classes or	\$240	16 group exercise classes or	\$240		
		16 group hydro classes		16 group hydro classes			
				Plus Massage therapist visit	\$65	Plus 2 Massage therapist visit	\$130
				Plus 2 Personal trainer visits or	\$146	Plus 10 Personal trainer visits or	\$730
				2 Individual Pilates sessions		10 Individual Pilates sessions	
						Plus Supermarket tour and guide book	\$50
Value	\$400	Value	\$690	Value	\$901	Value	\$1,310
SAVE	\$70	SAVE	\$100	SAVE	\$121	SAVE	\$170
You pay	\$330	You pay	\$590	You pay	\$780	You pay	\$1,140



- ☛ **Save up to 15%** off Metagenics nutritional supplements
 - ☛ Silver - 5% saving
 - ☛ Gold - 10% saving
 - ☛ Platinum or Diamond - 15% saving
- ☛ **Save \$250** if used as part of Medicare's Enhanced Primary Care plan
- ☛ **Consolidation and maintenance programmes** also available once goal weight is reached